



## Local Wellness Policy Assessment/Evaluation

Date: 12/9/2021 School: Brady ISD  
 Assessors' name(s): Alicia Martinez, Richard Sweating, Janet Moran, Lori Holube

Learning Environment/ Other School-Based Activities	Fully in Place	Partly in Place	Not in Place	N/A	List steps that have been taken to implement goal and list challenges implementation
Age-appropriate instruction is provided to students that teaches lifelong healthy eating habits and healthy level of physical activity.	2	1	0		
Healthy eating, physical activity and the school meal program(s) are actively promoted to students, parents, school staff, and the community at school registrations, parent-teacher meetings, open houses, in-services, etc.	2	1	0		
Staff is provided with educational opportunities (distribution of educational materials, presentations, workshops. etc.) to learn about nutrition and physical activity, including how to integrate them into the core instruction.	2	1	0		We are currently reviewing our district practices.
Advertisements within the school reinforce the goals of healthy education and nutrition standards.	2	1	0		We are currently reviewing our district practices.
Adequate materials and resources are provided for current nutrition education in the classroom.	2	1	0		
Nutrition education opportunities are offered to parents and families.	2	1	0		
Parents have the opportunity to volunteer for wellness-related activities in the school.	2	1	0		
School participates in Chef in the Classroom program, teaching students how to cook fresh meals.	2	1	0		
Breakfast and lunch menus, along with nutrition information is posted on the district website	2	1	0		
Add additional policies that are specific to District's Local Wellness Policy	2	1	0		
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List next steps that will be taken to fully implement and/or expand on goal in this category: Our Staff Committee is currently reviewing our district wellness policies for updated goals.



Nutritional Guidelines for All Foods Available to Students	Fully in Place	Partly in Place	Not in Place	N/A	List steps that have been taken to implement goal and list challenges implementation
All students have access to healthy food choices in the school cafeteria.	2	1	0		
Students have adequate time to eat lunch every day.	2	1	0		
All foods sold during the "School Day" meet Smart Snack Regulations	2	1	0		
No Competitive Foods are being sold during the serving lines of the school meal programs	2	1	0		
Nutrition information is accessible to students and their parents/guardians concerning the nutritional content of foods and beverages sold through the school meal programs.	2	1	0		
Fundraisers sold outside of the school day are primarily non-food items or healthy food items	2	1	0		Currently reviewing fundraiser activities.
Food is not used as a reward or punishment.	2	1	0		
The cafeteria atmosphere is clean and inviting and offers a pleasant eating environment (artwork, plants, natural light, health education information, reduced noise)	2	1	0		
Appropriate portion sizes, per My Plate recommendations, are promoted whenever foods are available.	2	1	0		
Staff encourages students to take and eat fruits and vegetables in the lunchroom. However, students are not forced to eat or finish their plate.	2	1	0		we are currently reviewing our practices
Add additional policies that are specific to District's Local Wellness Policy	2	1	0		
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List next steps that will be taken to fully implement and/or expand on goal in this category: Our SHAAC committee is currently reviewing our district policy for goal updates.	2	1	0		

Physical Activity	Fully in Place	Partly in Place	Not in Place	N/A	List steps that have been taken to implement goal and list challenges implementation
Fitness-assessments are administered each year to help students determine their own level of fitness and create their own fitness plans.	2	1	0		